

# Cornerstone Nurseries Ltd - Week 1 Menu

|                          | <b>Monday</b>                                   | <b>Tuesday</b>                        | <b>Wednesday</b>                                  | <b>Thursday</b>                     | <b>Friday</b>                         |
|--------------------------|-------------------------------------------------|---------------------------------------|---------------------------------------------------|-------------------------------------|---------------------------------------|
| <b>Morning Snack</b>     | Toast with a selection of toppings              | Rice Crispy Granola Bars              | Super Berry overnight oats                        | Toast with a selection of toppings  | Crumpets with a selection of toppings |
| <b>Lunch Main Course</b> | Three Beans Chilli & Rice                       | Very Veggie Lentil Bake               | Jacket Potatoes with Beans and Cheese             | Cottage pie with peas and sweetcorn | Tuna pasta bake & garlic bread        |
| <b>Dessert</b>           | Homemade Apple & Sultana Muffins with Ice Cream | Fresh Fruit Salad                     | Fresh Fruit Salad                                 | Fresh Fruit Salad                   | Homemade Healthy Rainbow Fruit Pizza  |
| <b>Afternoon Snack</b>   | Fresh Fruit Medley                              | Fromage frais                         | Veg Crudités with Mint Dip                        | Health oat cookies                  | Fromage frais                         |
| <b>Tea</b>               | Homemade Rainbow Vegetable Pizza & wedges       | Selection of sandwiches with crudités | Fishcake, peas, parsley sauce with bread & butter | Quorn Sausage Rolls & Baked Beans   | Broccoli & Cauliflower Cheese Bake    |